

# COURSE OVERVIEW SE0155 Advanced Graded Road and Pads Design

<u>Course Title</u> Advanced Graded Road and Pads Design

# Course Date/Venue

Session 1: June 29-July 03, 2025/Boardroom 1, Elite Byblos Hotel Al Barsha, Sheikh Zayed Road, Dubai, UAE Session 2: November 24-28/Fujairah Meeting Room, Grand Millennium Al Wahda Hotel, Abu Dhabi, UAE

CEUS

(30 PDHs)

# Course Reference

SE0155

#### Course Duration/Credits Five days/3.0 CEUs/30 PDHs

# Course Description









### This practical and highly-interactive course includes various practical sessions and exercises. Theory learnt will be applied using our state-of-the-art simulators.

The course will describe the principles behind modern pavement designs, asphalt technology, hot mix design, differentiate the construction, design life performance, failure criteria, maintenance and rehabilitation of rigid and flexible pavements. Participants will be able to prepare site investigation reports, collect traffic, climatic and geological data necessary for pavement design as well as prepare and test subgrade-capping layers, selecting materials and designing asphalt mixtures to meet climate and traffic conditions of road pavement projects.

The participants of this course will be able to describe the specifications and structural properties of unbound subases and bases, identify properties of cement-treated subgrades, subbases and bases and the properties of asphalt bases and surfacing and recognize pavement quality concrete and explain flexible pavement distresses and maintenance.

Further, the course will discuss the approaches to pavement design and perform road tests as per AASHO and WASHO standards and the participants will be able to measure pavement deflection and the life of asphaltic pavements; analyze structural and analytical design procedures for flexible and concrete pavements and describe heavy loaded industrial pavement design including the skid resistance and its measurement.



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### **Course Objectives**

Upon the successful completion of this course, each participant will be able to:-

- Apply and gain an in-depth knowledge on road pavement design, maintenance and rehabilitation techniques
- Describe modern pavements and the principles of modern pavement design •
- Identify the design life performance and failure criteria •
- Differentiate rigid versus flexible construction •
- Perform climatic and geological data-site investigation •
- Recognize road traffic, axle loading and the soil foundation •
- Prepare and test subgrade-capping layers
- Discuss cement-treated subgrades, subbases and bases including asphalt bases and • surfacings
- Illustrate hot mix design covering sampling, sample identification, sample preparation, extraction of asphalt concrete for testing, sieve analysis, methods of mix design, marshall mix design, pavement construction and pavement recycling, etc.
- Describe pavement quality concrete and perform road tests as per AASHO and WASHO • standards
- Interpret pavement deflection and the life of asphaltic pavements •
- Employ design procedures for flexible and rigid pavements •
- Illustrate the structural design of flexible pavements and design of heavily loaded industrial • pavements
- Explain skid resistance of pavements and its measurement
- Carryout pavement, maintenance and rehabilitation and discuss the causes and maintenance of cracking, distortion, disintegration, loss of friction resistance, life cycle cost analysis, present and future needs and priority programming of rehabilitation and maintenance, perpetual pavements and the use of recyclable materials in asphalt pavement

# Exclusive Smart Training Kit - H-STK<sup>®</sup>



Participants of this course will receive the exclusive "Haward Smart Training Kit" (H-STK<sup>®</sup>). The H-STK<sup>®</sup> consists of a comprehensive set of technical content which includes electronic version of the course materials, sample video clips of the instructor's actual lectures & practical sessions during the course conveniently saved in a Tablet PC.

### Who Should Attend

This course provides an overview of all significant aspects and considerations of road pavement design, maintenance and rehabilitation techniques for road engineers responsible for the provision, approval, design, maintenance and rehabilitation of road pavements projects.

### **Course Fee**

US\$ 5,500 per Delegate + VAT. This rate includes H-STK<sup>®</sup> (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.



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# Course Certificate(s)

Internationally recognized certificates will be issued to all participants of the course who completed a minimum of 80% of the total tuition hours.

### **Certificate Accreditations**

Certificates are accredited by the following international accreditation organizations: -

• \*\*\* \* BAC

# British Accreditation Council (BAC)

Haward Technology is accredited by the **British Accreditation Council** for **Independent Further and Higher Education** as an **International Centre**. BAC is the British accrediting body responsible for setting standards within independent further and higher education sector in the UK and overseas. As a BAC-accredited international centre, Haward Technology meets all of the international higher education criteria and standards set by BAC.

• The International Accreditors for Continuing Education and Training (IACET - USA)

Haward Technology is an Authorized Training Provider by the International Accreditors for Continuing Education and Training (IACET), 2201 Cooperative Way, Suite 600, Herndon, VA 20171, USA. In obtaining this authority, Haward Technology has demonstrated that it complies with the **ANSI/IACET 2018-1 Standard** which is widely recognized as the standard of good practice internationally. As a result of our Authorized Provider membership status, Haward Technology is authorized to offer IACET CEUs for its programs that qualify under the **ANSI/IACET 2018-1 Standard**.

Haward Technology's courses meet the professional certification and continuing education requirements for participants seeking **Continuing Education Units** (CEUs) in accordance with the rules & regulations of the International Accreditors for Continuing Education & Training (IACET). IACET is an international authority that evaluates programs according to strict, research-based criteria and guidelines. The CEU is an internationally accepted uniform unit of measurement in qualified courses of continuing education.

Haward Technology Middle East will award **3.0 CEUs** (Continuing Education Units) or **30 PDHs** (Professional Development Hours) for participants who completed the total tuition hours of this program. One CEU is equivalent to ten Professional Development Hours (PDHs) or ten contact hours of the participation in and completion of Haward Technology programs. A permanent record of a participant's involvement and awarding of CEU will be maintained by Haward Technology. Haward Technology will provide a copy of the participant's CEU and PDH Transcript of Records upon request.

### **Accommodation**

Accommodation is not included in the course fees. However, any accommodation required can be arranged at the time of booking.



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### Course Instructor(s)

This course will be conducted by the following instructor(s). However, we have the right to change the course instructor(s) prior to the course date and inform participants accordingly:



Mr. Steve Magalios, CEng, PGDip (on-going), MSc, BSc, is a Senior Civil Engineer with almost 40 years of extensive On-shore & Offshore experience in the Oil & Gas, Construction, Refinery and Petrochemical industries. His expertise widely covers in the areas of Blast Simulation, Blast Resistant & Resilient Design, Building Life Assessment & Retrofit Solutions for Blast Resistance, Seismicity Modelling, Seismic Design for Buildings, Advanced Seismic & Wind Design of Reinforced Concrete, Industrial Building Design, Blast Resistance & Resilient for Oil & Gas Field, Concrete Structures & Building Rehabilitation, Reinforced Concrete Structures Protection, Concrete Structure Inspection & Repair, Concrete Inspection & Maintenance, Concrete Maintenance & Reliability Analysis, Design and Behaviour of Steel

Structures, Advanced Steel Design & Stability of Structures Concrete Structural Design, Dynamic Analysis of Rotating Equipment Foundations & Structural Steel Piperacks, Concrete Technology, Construction Planning. Construction & Concrete Works Maintenance. Advanced Building Construction Technology, Geosynthetics & Ground Improvement Methods, Bench Design, Benching, Land Survey and ArcGIS for Earthworks & Management, ArcGIS for Surveying, Computer Aided Design (CAD), AutoCAD Civil 3D, GIS & Mapping, Structural Analysis & Design (STAAD PRO), Land Surveying & Property Evaluation, Earth Measurements, Earthwork & Structural Maintenance, System Safety Program Plan (SSPP) Inspection, Building & Road Design Skills, Civil Engineering Design, Structural Reliability Engineering, Road Construction & Maintenance, Road Pavement Design, Road Maintenance, Drainage System Operations & Maintenance, Blueprint Reading & Interpretation, Blue Print Documentation, Mechanical Drawings, P&ID, Flow Diagram Symbols, Cartographic Representation, Soil Classification, Cadastral Surveying & Boundary Definition, Project Engineering & Design, Construction Management, Project Planning & Execution, Site Management, Site Supervision, Effective Resource Management, Project Evaluation, FEED Management, EPC Projects Design, Project Completion & Workover, Quality Control and Team Management. He is also well-versed in Pipeline Operation & Maintenance, Pipeline Design & Construction, Pipeline Engineering, Scraper Traps, Burn Pits, Risk Assessment, HSE Plan & Procedures, Construction Planning, Methods & Management, Sloping, Embankments, Construction Planning, Construction Quality Management, Project Risk Assessment, Project Quality Plans, Excavation, Backfill & Compaction, Excavation & Reinstatement, Excavation Safety for Construction, Groundworks Supervision, Construction Quality Remote Sensing, Construction Materials, Construction Surveying, Detailed Engineering Drawings, Codes & Standards Quality Plan & Procedures, Safety & Compliance Management, Permit-to-Work Issuer, ASME, API, ANSI, ASTM, BS, NACE, ARAMCO & KOC Standards, MS Office tools, AutoCAD, STAAD-PRO, GIS, ArcInfo, ArcView, Autodesk Map and various programming languages and software such as SHOTPlus, FORTRAN, BASIC and AUTOLISP. Currently, he is the Chartered Professional Surveyor Engineer & Urban-Regional Planner wherein he is deeply involved in providing exact data, measurements and determining properly boundaries. He is also responsible in preparing and maintaining sketches, maps, reports and legal description of surveys.

During his career, Mr. Magalios has gained his expertise and thorough practical experience through challenging positions such as a **Project Site Construction Manager**, **Construction Site Manager**, **Project Manager**, **Deputy PMS Manager**, **Head of the Public Project Inspection Field Team**, **Technical Consultant**, **Senior Consultant**, **Consultant/Lecturer**, **Construction Team Leader**, **Lead Pipeline Engineer**, **Project Construction Lead Supervising Engineer**, **Civil Engineer**, **Lead Site Engineer**, **Senior Site Engineer Lead Engineer**, **Senior Site Engineer**, **R.O.W. Coordinator**, **Site Representative**, **Supervision Head** and **Contractor** for international Companies such as the Penspen International Limited, Eptista Servicios de Ingeneria S.I., J/V ILF Pantec TH. Papaioannou & Co. – Emenergy Engineering, J/V Karaylannis S.A. – Intracom Constructions S.A., Ergaz Ltd., Alkyonis 7, Palaeo Faliro, Piraeus, Elpet Valkaniki S.A., Asprofos S.A., J/V Depa S.A. just to name a few.

Mr. Magalios is a **Registered Chartered Engineer** and has a **Master's** and **Bachelor's** degree in **Surveying Engineering** from the **University of New Brunswick**, **Canada** and the **National Technical University of Athens**, **Greece**, respectively. Further, he is currently enrolled for **Post-graduate** in **Quality Assurance** from the **Hellenic Open University**, **Greece**. He has further obtained a Level 4B Certificates in Project Management from the National & Kapodistrian University of Athens, Greece and Environmental Auditing from the Environmental Auditors Registration Association (EARA). Moreover, he is a **Certified Instructor/Trainer**, a **Chartered Engineer** of Technical Chamber of Greece and has delivered numerous trainings, workshops, seminars, courses and conferences internationally.



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# Course Program

The following program is planned for this course. However, the course instructor(s) may modify this program before or during the course for technical reasons with no prior notice to participants. Nevertheless, the course objectives will always be met:

Day 1	-
0730 – 0800	Registration & Coffee
0800 - 0815	Welcome & Introduction
0815 - 0830	PRE-TEST
	Modern Pavements & the Principles of Pavement Design
0820 0020	Objectives of Pavement Design • Pavement Types • Pavement Layers •
0850 - 0950	Approaches to Pavement Design • Responsibilities of the Design Engineer •
	Basic Information Necessary to the Design of Pavements
0930 - 0945	Break
	Design Life-Performance & Failure Criteria
0945 – 1100	Design Life • Distresses versus Failure • Failure Criteria • Failure Criteria
	for Flexible Pavements • Failure Criteria for Concrete Pavements
	Rigid Versus Flexible Construction
1100 – 1215	Costs • Life Expectancy • Riding Quality • Road Noise • Construction
	Experience • Comparison of Concrete and Flexible Road Construction
1215 – 1230	Break
	Climatic & Geological Data-Site Investigation
1000 1000	Rainfall and Evaporation • Temperature • Depth of Frost Penetration •
1230 - 1330	Climate of the Middle East • Preparation of the Site Investigation Report •
	Scope of the Site Investigation Report • Tests to be Carried Out on Samples
	Road Traffic & Axle Loading
	Types of Commercial Vehicles in Use in Relation to the Prevailing Limits of
1000 1100	Maximum Axle Load and Gross Vehicle Weight • Collection of Traffic Data •
1330 - 1420	Distribution of Commercial Vehicles and Private Cars Between the Traffic Lanes
	• Types of Commercial Vehicles and Their Axle Loading • Traffic Loading
	<i>Expressed in Terms of Standard Axles</i>
	Recap
1420 – 1430	Using this Course Overview, the Instructor(s) will Brief Participants about the
	Topics that were Discussed Today and Advise Them of the Topics to be Discussed
	Tomorrow
1430	Lunch & End of Day One

### Day 2

<u>Duy 2</u>	
0730 - 0900	The Soil Foundation
	The Constitution of Soil • Particle Size Distribution • Description of Soils in
	Terms of Particle Groups • Relative Size and Surface Areas of Particles •
	Nature of Soil Particles • The Solvent Action of Water • The State of the Soil •
	Plasticity of Clay Soils • Soil Classification • Compaction of Soil • The
	Distribution and Movement of Water in Soil • Consolidation of Clay Soils •
	The Effect of Climate on the Moisture Distribution of Soil • The Strength of Soil
	• Elastic Properties of Soil
0900 - 0915	Break
0915 - 1045	Preparation & Testing of the Subgrade-Capping Layers
	Preperation of the Formation • The Testing of Subgrades • The Use of
	Subgrade Capping and Geotextile Fabrics in Eathworks



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	Cement-Treated Subgrades, Subbases & Bases
1045 – 1200	The Cement Treatment of Subgrades • Cement-Bound Granular Material •
	Lean Concrete • Influence of Sample Dimensions on the Measure Strength of
	<i>Cement Materials</i> • <i>Practice in Relation to Cement Subbases and Bases</i> • <i>The</i>
	Structural Properties of Cemented Base, Subbase and Capping Materials
1200 – 1215	Break
1215 - 1420	Asphalt Bases & Surfacings
	The Marshall Test Procedure • Specifications for Asphaltic Concrete Materials
	• The Elastic Properties of Bituminous Materials • The Fatigue of Bituminous
	Materials Under Repeated Loading
1420 - 1430	Recap
	Using this Course Overview, the Instructor(s) will Brief Participants about the
	<i>Topics that were Discussed Today and Advise Them of the Topics to be Discussed</i>
	Tomorrow
1430	Lunch & End of Day Two

#### Dav 3

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0720 0020	Hot Mix Design
	<i>Physical Characteristic of Aggregates and Asphalt Cement</i> • <i>Sampling, Sample</i>
0730 - 0930	Identification and Sample Preparation • Extraction of Asphalt Concrete for
	Testing • Sieve Analysis
0930 - 0945	Break
	Hot Mix Design (cont'd)
0945 - 1100	Types of Hot Mixes and Methods of Mix Design • Marshall Mix Design
	(Participant Interaction with Problem Solving and Examples) • Pavement
	Construction and Pavement Recycling • Cold in Place Recycle Technology •
	Emulsions
	Pavement Quality Concrete
	Concrete Mix Design • Compressive Strength • The Relationship Between the
1100 _ 1215	Compressive Strength and Modulus of Rupture Concrete The Relationship
1100 - 1215	Between Elastic Modulus, Compressive Strength, and Age • Poisson's Ratio of
	Pavement-Quality Concrete • Fatigue of Concrete Pavements • Relationship
	Between Fatigue and Age of Concrete
1215 – 1230	Break
	AASHO & WASHO Road Tests
	<i>Purpose of the AASHO Road Test</i> • <i>Site Details</i> • <i>Layout of the Experiment</i> •
	Thickness Combinations and Materials Used for Flexible Pavements • Thickness
1230 - 1330	Combinations and Materials Used for Concrete Pavements • The Concept of
1200 1000	Present Serviceability • The Application of Present Serviceability to the Flexible
	Pavements • Evaluation of the Performance of Flexible Pavements • The
	Application of Present Serviceability to Concrete Pavements • Evaluation of the
	Performance of Concrete Pavements • The WASHO Road Test
	Pavement Deflection & the Life of Asphaltic Pavements
1330 – 1420	Measurement of the Deflection of Flexible Pavements • Deflection Studies on
	Full-Scale Pavement Design Experiments • Discussion
1420 - 1430	Recap
	Using this Course Overview, the Instructor(s) will Brief Participants about the
	<i>Topics that were Discussed Today and Advise Them of the Topics to be Discussed</i>
	Tomorrow
1430	Lunch & End of Day Three



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# Day 4

0730 – 0930	Design Procedures for Flexible & Rigid Pavements
	Traffic • Thickness of Flexible Pavement Layers • Concrete Pavements • Design
	of Hard Shoulders • Design of Housing Estate and Similar Roads • The AASHTO
	Guide for Design of Pavement Structures • Flexible Pavements • The Asphalt
	Institute Design Procedure for Flexible Pavements • Thickness Design for Concrete
	Highway and Street Pavements
0930 - 0945	Break
	The Structural Design of Flexible Pavements
0045 1100	Principles of Structural Analysis of Pavements • The Finite-Element Method •
0945 - 1100	The Application of Structural Analysis to Pavement Deflection Measurements •
	The Application of the Finite-Element Method to Flexible Pavement Design
	The Design of Heavily Loaded Industrial Pavements
1100 – 1215	Design Approach for Heavily Loaded Industrial Pavements • Examples of
	Structural Design Applied to Industrial Pavements
1215 – 1230	Break
	The Skid Resistance of Pavements & Its Measurement
	Measurement of the Slipperiness of Road Surfaces • The Development of Skid
	Resistance Criteria for Different Types of Road • Factors Which Affect the Skid
1230 – 1420	Resistance of Road Pavements • Research Studies into the Factors Which
	Influence the Skid Resistance of Pavements • The Surface Characteristics
	Influencing Resistance to Skidding • Fine Texture or Microtexture Coarse
	Texture or Macrotexture
1420 - 1430	Recap
	Using this Course Overview, the Instructor(s) will Brief Participants about the
	Topics that were Discussed Today and Advise Them of the Topics to be Discussed
	Tomorrow
1430	Lunch & End of Day Four

### Day 5

0730 - 0930	Pavement Maintenance & Rehabilitation
	Causes and Maintenance of Cracking (Fatigue, Longitudinal, Thermal, Block,
	Slippage and Reflection Cracking) • Distortion (Shoving, Rutting and
	Corrugation)
0930 - 0945	Break
0945 - 1100	Pavement Maintenance & Rehabilitation (cont'd)
	Disintegration (Raveling and Stripping) • Loss of Friction Resistance
	Pavement Maintenance & Rehabilitation (cont'd)
1100 1215	Life Cycle Cost Analysis (Participant Interaction with Problem Solving and
1100 - 1215	<i>Examples)</i> • Determination of Present and Future Needs and Priority
	Programming of Rehabilitation and Maintenance
1215 – 1230	Break
1230 - 1345	Pavement Maintenance & Rehabilitation (cont'd)
	Perpetual Pavements • Use of Recyclable Materials in Asphalt Pavement
	Course Conclusion
1345 – 1400	Using this Course Overview, the Instructor(s) will Brief Participants about the
	Course Topics that were Covered During the Course
1400 – 1415	POST-TEST
1415 - 1430	Presentation of Course Certificates
1430	Lunch & End of Course



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### Simulator (Hands-on Practical Sessions)

Practical sessions will be organized during the course for delegates to practice the theory learnt. Delegates will be provided with an opportunity to carryout various exercises using the "Empirical Equation for Flexible & Rigid Pavement" and "Pavement Analysis and Design" simulators.



### **Course Coordinator**

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