COURSE OVERVIEW TM1122 Productivity & Efficiency

Course Title

Productivity & Efficiency

Course Date/Venue

Please see page 3

Course Reference

TM1122

Course Duration/Credits

Five days/3.0 CEUs/30 PDHs

Course Description



This practical and highly-interactive course includes real-life case studies and exercises where participants will be engaged in a series of interactive small groups and class workshops.

This course is designed to provide participants with a detailed and up-to-date overview of Productivity & Efficiency. It covers the definitions and key concepts of productivity and efficiency; the historical evolution of productivity thinking; linking between productivity and organizational and the global trends impacting success productivity; the personal output from team efficiency and individual habits affect team performance; the role of culture in driving efficiency and aligning personal goals with business goals; the time management essentials; and the science of focus and concentration.



Further, the course will also discuss how to overcome productivity barriers and the digital tools for productivity; the process mapping for efficiency, lean thinking, automation and productivity; the communication and productivity and the role of technology in workplace efficiency; energy-productivity connection, management and its impact on productivity; the delegation and resource management and competing priorities; and the multitasking versus single-tasking and workload balancing strategies.





















During this interactive course, participants will learn the culture of efficiency, agile practices for teams, continuous improvement frameworks and cross-functional collaboration for efficiency; the change management for productivity initiatives, metrics and dashboards for team efficiency and innovation and efficiency; the future of work and productivity trends, self-reflection and productivity reviews; building personal productivity systems and the ethics of efficiency and productivity; and the action planning and commitment to productivity goals.

Course Objectives

Upon the successful completion of this course, each participant will be able to:-

- Apply and gain an in-depth knowledge on productivity and efficiency
- Discuss productivity and efficiency covering definitions and key concepts, historical evolution of productivity thinking, the link between productivity and organizational success and global trends impacting productivity
- Distinguish personal output from team efficiency and identify individual habits affect team performance, the role of culture in driving efficiency and aligning personal goals with business goals
- Explain time management essentials and the science of focus and concentration
- Measure productivity and efficiency, overcome productivity barriers and identify digital tools for productivity
- Illustrate process mapping for efficiency, lean thinking, automation and productivity
- Carryout communication and productivity and discuss the role of technology in workplace efficiency
- Determine the energy-productivity connection, stress management and its impact on productivity and delegation and resource management
- Manage competing priorities and apply multitasking versus single-tasking and workload balancing strategies
- Build a culture of efficiency and carryout agile practices for teams, continuous improvement frameworks and cross-functional collaboration for efficiency
- Apply change management for productivity initiatives, metrics and dashboards for team efficiency and innovation and efficiency
- Discuss the future of work and productivity trends, apply self-reflection and productivity reviews and build personal productivity systems
- Carryout ethics of efficiency and productivity including action planning and commitment to productivity goals

Exclusive Smart Training Kit - H-STK®



Participants of this course will receive the exclusive "Haward Smart Training Kit" (**H-STK**®). The **H-STK**® consists of a comprehensive set of technical content which includes **electronic version** of the course materials conveniently saved in a **Tablet PC**.













Who Should Attend

This course provides an overview of all significant aspects and considerations of productivity and efficiency for managers and supervisors (all levels), team leaders and department heads, business analysts and process improvement specialists, project managers and coordinators, operations and production staff, HR and training professionals, administrative and support staff, quality assurance and quality control personnel, anyone responsible for improving workplace processes, performance, or resource utilization, professionals seeking to enhance their personal and team productivity and other technical staff.

Course Date/Venue

Session(s)	Date	Venue
1	June 16-20, 2025	TBA Meeting Room, Grand Hyatt Athens, Athens, Greece
2	August 11-15, 2025	TBA Meeting Room, JW Marriott Hotel Madrid, Madrid, Spain
3	November 03-07, 2025	Hampstead Meeting Room, London Marriott Hotel Regents Park, London, UK
4	January 11-15, 2026	Tamra Meeting Room, Al Bandar Rotana Creek, Dubai, UAE

Course Fee

Dubai	US\$ 5,500 per Delegate + VAT . This rate includes H-STK [®] (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.
Athens/ Madrid/ London	US\$ 8,800 per Delegate + VAT . This rate includes H-STK® (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.

Training Methodology

All our Courses are including **Hands-on Practical Sessions** using equipment, State-of-the-Art Simulators, Drawings, Case Studies, Videos and Exercises. The courses include the following training methodologies as a percentage of the total tuition hours:-

30% Lectures

20% Practical Workshops & Work Presentations

30% Hands-on Practical Exercises & Case Studies

20% Simulators (Hardware & Software) & Videos

In an unlikely event, the course instructor may modify the above training methodology before or during the course for technical reasons.

Accommodation

Accommodation is not included in the course fees. However, any accommodation required can be arranged at the time of booking.













Course Certificate(s)

Internationally recognized certificates will be issued to all participants of the course who completed a minimum of 80% of the total tuition hours.

Certificate Accreditations

Haward's certificates are accredited by the following international accreditation organizations: -



British Accreditation Council (BAC)

Haward Technology is accredited by the **British Accreditation Council** for **Independent Further and Higher Education** as an **International Centre**. Haward's certificates are internationally recognized and accredited by the British Accreditation Council (BAC). BAC is the British accrediting body responsible for setting standards within independent further and higher education sector in the UK and overseas. As a BAC-accredited international centre, Haward Technology meets all of the international higher education criteria and standards set by BAC.

• The International Accreditors for Continuing Education and Training (IACET - USA)

Haward Technology is an Authorized Training Provider by the International Accreditors for Continuing Education and Training (IACET), 2201 Cooperative Way, Suite 600, Herndon, VA 20171, USA. In obtaining this authority, Haward Technology has demonstrated that it complies with the **ANSI/IACET 2018-1 Standard** which is widely recognized as the standard of good practice internationally. As a result of our Authorized Provider membership status, Haward Technology is authorized to offer IACET CEUs for its programs that qualify under the **ANSI/IACET 2018-1 Standard**.

Haward Technology's courses meet the professional certification and continuing education requirements for participants seeking **Continuing Education Units** (CEUs) in accordance with the rules & regulations of the International Accreditors for Continuing Education & Training (IACET). IACET is an international authority that evaluates programs according to strict, research-based criteria and guidelines. The CEU is an internationally accepted uniform unit of measurement in qualified courses of continuing education.

Haward Technology Middle East will award **3.0 CEUs** (Continuing Education Units) or **30 PDHs** (Professional Development Hours) for participants who completed the total tuition hours of this program. One CEU is equivalent to ten Professional Development Hours (PDHs) or ten contact hours of the participation in and completion of Haward Technology programs. A permanent record of a participant's involvement and awarding of CEU will be maintained by Haward Technology. Haward Technology will provide a copy of the participant's CEU and PDH Transcript of Records upon request.









Course Instructor(s)

This course will be conducted by the following instructor(s). However, we have the right to change the course instructor(s) prior to the course date and inform participants accordingly:



Mr. Jerome Topley, PgDip (on going), BSc, is a Senior Management Consultant with over 20 years of extensive experience. His expertise lies extensively in the areas of Leadership Skills, Communication & Interpersonal Skills, Performance & Creativity Skills, Listening Skills, Negotiation Skills, Persuasion & Assertiveness Skills, Time & Stress Management, Influencing Techniques, Conflict Management, Business Writing Skills, Writing Business Correspondence & Document Control, Writing

Memos & Business Letters, Business & Technical Report Writing, Communication Skills, Business Communication Etiquette, Interpersonal Skills, Presentation Skills, Organizational & Leadership Skills, Coaching & Mentoring, Self & Personal Development, Creative Problem Solving, Performance Management, Conflict Management, Talent Management, Risk Management, Resource Management, Emotional Intelligence, Customer Service, Persuasion Techniques, Supervisory Skills, Public Relations & Corporate Communication, Strategic Planning & Creative Thinking, Human Resource Management and Performance Assessment & Appraisal. Further, he is also well-versed in Broadcasting, News & Sport Reporting, Presentation Skills, Communication Skills, Problem Solving & Decision Making, Pharmaceutical Environment, Ophthalmology, Surgical Instruments & Endocrinology, Agricultural Productivity, Plants Farming, Cultivation & Harvesting and Agricultural Mechanics.

During Mr. Topley's career life, he had occupied several significant positions and dedication as the Executive Director, Chief of Staff, General Manager, Producer/Presenter, Public Broadcaster Talk Show Host, Stand-in Presenter, Radio Presenter, News Reader, Medical Technician and Detailing Medical Representative in Ophthalmology, Surgical Instrument and Endocrinology from various companies and institution such as Wyeth, Topley Consulting, SABC Afrikaans Radio, Ministry of Agriculture, Agri Mega Group and Western Cape Education Department.

Mr. Topley has a **Bachelor** degree with Honours in **Business Management**, a **National Diploma** in **Education** and currently enrolled in **Post-Graduate Diploma** in **Business Management**. Further, he is a **Certified Instructor/Trainer**, a **Certified Internal Verifier/Assessor/Trainer** by the **Institute of Leadership & Management (ILM)**, a **Qualified Medical Technician** in **Chemical Pathology**, a **Registered Medical Technology Student** and holds a **Professional Development Certificate** in **Outcomes-Based Assessment Techniques**. He has further delivered innumerable trainings, courses, workshops and seminars globally.















Course Program

The following program is planned for this course. However, the course instructor(s) may modify this program before or during the workshop for technical reasons with no prior notice to participants. Nevertheless, the course objectives will always be met:

Day 1

Day 1	
0730 - 0800	Registration & Coffee
0800 - 0815	Welcome & Introduction
0815 - 0830	PRE-TEST
0830 - 0930	Introduction to Productivity & Efficiency Definitions & Key Concepts • Historical Evolution of Productivity Thinking • The Link Between Productivity & Organizational Success • Global Trends Impacting Productivity
0930 - 0945	Break
0945 - 1030	Personal Productivity versus Organizational Efficiency Distinguishing Personal Output from Team Efficiency • How Individual Habits Affect Team Performance • Role of Culture in Driving Efficiency • Aligning Personal Goals with Business Goals
1030 - 1130	Time Management Essentials Prioritization Methods (e.g. Eisenhower Matrix) • Identifying & Managing Time-Wasters • Setting SMART Goals for Productivity • Daily Planning Techniques
1130 – 1215	The Science of Focus & Concentration Cognitive Load Theory Basics • Techniques to Minimize Distractions • Pomodoro & Other Focus Strategies • Building Sustainable Focus Habits
1215 - 1230	Break
1230 – 1330	Measuring Productivity & Efficiency Key Metrics & Indicators • Quantitative versus Qualitative Measures • Tools for Monitoring Productivity • Benchmarking Performance
1330 – 1420	Overcoming Productivity Barriers Common Productivity Pitfalls • Identifying Root Causes of Inefficiency • The Role of Mindset & Motivation • Practical Approaches to Eliminating Waste
1420 – 1430	Recap Using this Course Overview, the Instructor(s) will Brief Participants about the Topics that were Discussed Today and Advise Them of the Topics to be Discussed Tomorrow
1430	Lunch & End of Day One

Day 2

0730 – 0830	Digital Tools for Productivity Task Management Software (e.g. Trello Asana) • Calendar & Scheduling Tools • Note-Taking & Knowledge Management Apps • Cloud Collaboration Platforms
0830 - 0930	Process Mapping for Efficiency Introduction to Workflow Analysis • Visualizing Processes (Flowcharts SIPOC) • Identifying Bottlenecks • Redesigning Processes for Simplicity
0930 - 0945	Break
0945 - 1100	Lean Thinking Fundamentals Principles of Lean • The Concept of Value versus Waste • Applying Lean to Office & Production Environments • Kaizen: Continuous Improvement















1100 – 1215	Automation & Productivity Types of Tasks Suitable for Automation • Introduction to Robotic Process Automation (RPA) • Email & Report Automation Tools • Risks & Pitfalls of Automation
1215 - 1230	Break
1230 – 1330	Communication & Productivity Impact of Communication on Efficiency • Streamlining Meetings & Reporting • Email Best Practices • Collaborative Work in Hybrid Environments
1330 – 1420	The Role of Technology in Workplace Efficiency Integrating Digital Ecosystems • IoT & Workplace Sensors • Mobile Productivity • Emerging Trends (AI Assistants VR Collaboration)
1420 – 1430	Recap Using this Course Overview, the Instructor(s) will Brief Participants about the Topics that were Discussed Today and Advise Them of the Topics to be Discussed Tomorrow
1430	Lunch & End of Day Two

Day 3

Day 3	
	The Energy-Productivity Connection
0730 - 0830	Physical & Mental Energy Cycles • Importance of Rest & Breaks • Nutrition &
	Exercise for Better Work Output • Managing Fatigue
	Stress Management & Its Impact on Productivity
0830 - 0930	Stress versus Productivity Curve • Identifying Personal Stress Triggers •
	Quick Stress-Relief Techniques • Building Resilience
0930 - 0945	Break
	Delegation & Resource Management
0945 - 1100	When & What to Delegate • Delegation Frameworks • Matching Tasks to
	Team Strengths • Monitoring Delegated Work
	Managing Competing Priorities
1100 – 1215	Techniques for Priority-Setting • Handling Urgent versus Important Tasks •
	Negotiating Deadlines • Avoiding Overcommitment
1215 – 1230	Break
	Multitasking versus Single-Tasking
1230 - 1330	Cognitive Effects of Multitasking • When Multitasking Is Useful • Benefits of
	Deep Work • Building Single-Tasking Habits
	Workload Balancing Strategies
1330 - 1420	Identifying Workload Imbalances • Techniques for Load Leveling • Using Data
	to Forecast Workload • Tools to Support Workload Management
	Recap
1420 - 1430	Using this Course Overview, the Instructor(s) will Brief Participants about the
1420 - 1430	Topics that were Discussed Today and Advise Them of the Topics to be
	Discussed Tomorrow
1430	Lunch & End of Day Three

Day 4

• •	
0730 - 0830	Building a Culture of Efficiency Leadership Role in Driving Efficiency • Reward Systems That Promote Productivity • Embedding Efficiency into Processes • Case Studies of Efficient Cultures
0830 - 0930	Agile Practices for Teams Overview of Agile Methodologies • Scrum Kanban & Hybrid Models • Daily Stand-Ups & Retrospectives • Agile Mindset for Non-Tech Teams















0930 - 0945	Break
	Continuous Improvement Frameworks
0945 - 1100	PDCA (Plan-Do-Check-Act) • Six Sigma Basics • Root Cause Analysis (RCA)
	Tools • Implementing Improvement Ideas
	Cross-Functional Collaboration for Efficiency
1100 – 1215	Breaking Down Silos • Designing Workflows Across Departments • Shared
	Accountability Models • Tools to Enable Cross-Functional Work
1215 - 1230	Break
	Change Management for Productivity Initiatives
1230 – 1330	Overcoming Resistance to New Methods • Communicating the Case for
1230 - 1330	Change • Building Buy-In Across Levels • Sustaining Productivity
	Improvements
	Metrics & Dashboards for Team Efficiency
1330 - 1420	Selecting Key Performance Indicators (KPIs) • Visual Management Techniques
	• Setting Targets & Thresholds • Real-Time Tracking Tools
	Recap
1420 - 1430	Using this Course Overview, the Instructor(s) will Brief Participants about the
1420 - 1430	Topics that were Discussed Today and Advise Them of the Topics to be
	Discussed Tomorrow
1430	Lunch & End of Day Four

Day 5

, .	
	Innovation & Efficiency
0730 - 0830	The Link Between Innovation & Productivity • Encouraging Creative Problem
	Solving • Managing Experimentation • Scaling Innovative Practices
	The Future of Work & Productivity Trends
0830 - 0930	Hybrid & Remote Work Models • Productivity in Digital-First Workplaces •
	The Role of AI & Machine Learning • Preparing for Future Disruptions
0930 - 0945	Break
	Self-Reflection & Productivity Reviews
0945 - 1030	Techniques for Personal Retrospectives • Weekly/Monthly Review Practices •
	Identifying & Celebrating Wins • Adjusting Strategies for Continuous Growth
	Building Personal Productivity Systems
1030 -1130	Designing a Custom Productivity Workflow • Integrating Tools & Methods •
	Managing Personal Data & Insights • Reviewing & Refining the System
	Ethics of Efficiency & Productivity
1130 - 1230	When Efficiency Harms Well-Being • Balancing Speed & Quality • Ethical
1130 - 1230	Considerations in Automation • Avoiding Burnout through Humane
	Productivity
1230 – 1245	Break
	Action Planning & Commitment to Productivity Goals
1245 – 1345	Setting Long-Term Improvement Objectives • Drafting a Personal
1243 - 1343	Productivity Plan • Accountability Mechanisms • Sharing & Peer Feedback on
	Action Plans
	Course Conclusion
1345 - 1400	Using this Course Overview, the Instructor(s) will Brief Participants about the
	Course Topics that were Covered During the Course
1400 - 1415	POST-TEST
1415 – 1430	Presentation of Course Certificates
1430	Lunch & End of Course















Practical Sessions

This practical and highly-interactive course includes real-life case studies and exercises:-



<u>Course Coordinator</u>
Mari Nakintu, Tel: +971 2 30 91 714, Email: <u>mari1@haward.org</u>









