COURSE OVERVIEW HE0931-10D
NEBOSH International General Certificate in Occupational Health and Safety (GIC)

Course Title
NEBOSH International General Certificate in Occupational Health and Safety (GIC)

Course Date/Venue
July 05-16, 2026/Online Virtual Training

Course Reference
HE0931-10D

Course Duration/Credits
Ten days/6.3 CEUs/63 PDHs

Exam Schedule
As per NEBOSH Exam Scheduling Procedure

Course Description

This practical and highly-interactive course includes real-life case studies and exercises where participants will be engaged in a series of interactive small groups and class workshops.

This course is designed to provide participants with a detailed and up-to-date overview of NEBOSH International General Certificate in Occupational Health and Safety. It covers the moral, financial and legal reasons for managing health and safety in the workplace and how health and safety is regulated; the main health and safety duties of different groups of people at work and how contractors shall be selected, monitored and managed; the key components of a health and safety management system; the benefits and limitations of different types of health and safety management systems; and the key components of an effective health and safety policy.

Further, the course will also discuss on how health and safety culture influences performance and how to improve health and safety culture at work; the principles of the risk assessment process and suitable and sufficient risk assessment; how change can have significant health and safety impacts and how to manage those impacts; and what to consider when developing and implementing a safe system of work for general work activities.

During this interactive course, participants will learn the role, function and operation of a permit-to-work system, typical emergency procedures and how to decide what level of first aid is needed in the workplace; taking part in incident investigation and monitoring the effectiveness of management systems; why and how audits are used to evaluate a management system and why regular reviews of health and safety performance are needed and carried out; and the hazards present in the workplace, associated risks and existing control measures evaluation.

Course Objectives/Outcomes & Benefits for the Participants

Upon the successful completion of this course and passing the required exams, each participant will be able to:-

- Achieve the NEBOSH International General Certificate in Occupational Health and Safety
- Discuss the moral, financial and legal reasons for managing health and safety in the workplace and how health and safety is regulated
- Recognise the main health and safety duties of different groups of people at work and describe how contractors shall be selected, monitored and managed
- Identify the key components, benefits and limitations of different types of health and safety management systems and the key components of an effective health and safety policy
- Recognise how health and safety culture influences performance and how to improve health and safety culture at work
- Apply the principles of the risk assessment process and suitable and sufficient risk assessment
- Describe how change can have significant health and safety impacts and how to manage those impacts
- Discuss what to consider when developing and implementing a safe system of work for general work activities
- Identify the role, function and operation of a permit-to-work system, typical emergency procedures and how to decide what level of first aid is needed in the workplace
- Take part in incident investigation and monitor the effectiveness of management systems
- Discuss why and how audits are used to evaluate a management system, why regular reviews of health and safety performance are needed and how they are carried out
- Describe hazards present in the workplace and associated risks and implement existing control measures evaluation

Who Should Attend

This course provides a wide understanding and deeper appreciation of occupational health and safety in accordance with the international standards for health and safety professionals and those who are seeking NEBOSH International General Certificate. The course is also beneficial for managers, supervisors and those who have health and safety management responsibilities. It is also perfect for those embarking on a health and safety career and gives you a stepping stone to success.

Examination Schedule

NEBOSH requires minimum 30 working days to schedule an exam. Participants must submit their complete applications minimum 15 working days prior to the scheduled exam date. We recommend that participants submit their applications one or two weeks earlier than the above NEBOSH deadline.

Training Methodology

All our Courses are including **Hands-on Practical Sessions** using equipment, State-of-the-Art Simulators, Drawings, Case Studies, Videos and Exercises. The courses include the following training methodologies as a percentage of the total tuition hours:-

30% Lectures
20% Practical Workshops & Work Presentations
30% Hands-on Practical Exercises & Case Studies
20% Simulators (Hardware & Software) & Videos

In an unlikely event, the course instructor may modify the above training methodology before or during the course for technical reasons.

Learning Design & Customization

This course can be customized to the exact requirements of clients. Haward Technology is so proud of our huge capabilities in tailoring our courses to the training needs of our valued clients.

Training Fee

US$ 3,750 per Delegate + **VAT**.

Exam Fee

US$ 380 per Delegate + **VAT**

Virtual Training (If Applicable)

If this course is delivered online as a Virtual Training, the following limitations will be applicable:-

Certificates	Only soft copy certificates will be issued to participants through Haward's Portal. This includes Wallet Card Certificates if applicable
Training Materials	Only soft copy Training Materials (PDF format) will be issued to participant through the Virtual Training Platform
Training Methodology	80% of the program will be theory and 20% will be practical sessions, exercises, case studies, simulators or videos
Training Program	The training will be for 9 hours per day starting at 0730 and ending at 1630
H-STK Smart Training Kit	Not Applicable
Hands-on Practical Workshops	Not Applicable
Site Visit	Not Applicable
Simulators	Only software simulators will be used in the virtual courses. Hardware simulators are not applicable and will not be used in Virtual Training

Course Certificate(s)

(1) NEBOSH International General Certificate in Occupational Health and Safety will be issued to candidates who have successfully passed the written examinations in GIC1 (Elements 1-4) and successfully completed the Practical Examination GIC2 (Elements 5-11).

(2) Official Transcript of Records will be provided to the successful delegates with the equivalent number of ANSI/IACET accredited Continuing Education Units (CEUs) earned during the course.

Certificate Accreditations

Haward's certificates are accredited by the following international accreditation organizations: -

- NEBOSH: The National Examination Board in Occupational Safety and Health

  Haward Technology is an **Accredited Course Provider** and **Learning Partner** of The National Examination Board in Occupational Safety and Health (**NEBOSH**) with **Learning Partner Number 931 Silver**. Haward Technology is authorized to offer NEBOSH's comprehensive range of globally-recognized qualifications designed to meet the health, safety, environmental and risk management needs of all places of work.

- British Accreditation Council (BAC)

  Haward Technology is accredited by the **British Accreditation Council** for **Independent Further and Higher Education** as an **International Centre**. Haward's certificates are internationally recognized and accredited by the British Accreditation Council (BAC). BAC is the British accrediting body responsible for setting standards within independent further and higher education sector in the UK and overseas. As a BAC-accredited international centre, Haward Technology meets all of the international higher education criteria and standards set by BAC.

- The International Accreditors for Continuing Education and Training (IACET USA)

  Haward Technology is an Authorized Training Provider by the International Accreditors for Continuing Education and Training (IACET), 2201 Cooperative Way, Suite 600, Herndon, VA 20171, USA. In obtaining this authority, Haward Technology has demonstrated that it complies with the **ANSI/IACET 2018-1 Standard** which is widely recognized as the standard of good practice internationally. As a result of our Authorized Provider membership status, Haward Technology is authorized to offer IACET CEUs for its programs that qualify under the **ANSI/IACET 2018-1 Standard**.

  Haward Technology's courses meet the professional certification and continuing education requirements for participants seeking **Continuing Education Units** (CEUs) in accordance with the rules & regulations of the International Accreditors for Continuing Education & Training (IACET). IACET is an international authority that evaluates programs according to strict, research-based criteria and guidelines. The CEU is an internationally accepted uniform unit of measurement in qualified courses of continuing education.

  Haward Technology Middle East will award **6.3 CEUs** (Continuing Education Units) or **63 PDHs** (Professional Development Hours) for participants who completed the total tuition hours of this program. One CEU is equivalent to ten Professional Development Hours (PDHs) or ten contact hours of the participation in and completion of Haward Technology programs. A permanent record of a participant's involvement and awarding of CEU will be maintained by Haward Technology. Haward Technology will provide a copy of the participant's CEU and PDH Transcript of Records upon request.

Course Instructor(s)

This course will be conducted by the following instructor(s). However, we have the right to change the course instructor(s) prior to the course date and inform participants accordingly:

Mr. Danie Martin, NEBOSH-IFC, NEBOSH-IGC, NEBOSH-IOGC, NEBOSH-ENV, NEBOSH-PSM is a **Senior HSE Consultant** with extensive years of experience within **Oil**, **Gas**, **Refinery** and **Petrochemical** industries. His wide experience covers **Hazardous Materials** (**HAZMAT**), **Hazard Communication** (**HAZCOM**), **Hazard Recognition & Assessment**, **Risk Control**, **Cryogens**, **MSDS**, Liquified Natural Gas, **Hazard Monitoring Techniques**, **Environmental Pollution Prevention**, **Hazardous Classification**, Packaging & Labelling, **Chemical Transportation**, **Waste Management**, **Chemical Spill Clean Up**, **Risk Assessments**, Safety & Emergency Plans, Working at Heights, Firefighting, Rescue & Operation, Fall Protection, **HSSE Emergency Response & Crisis Management Operations**, **Confined Space Entry**, **Construction Health & Safety**, HSSE Principles & Practices, **HSE Quantitative Risk Assessment** (**QRA**), **Root Cause Analysis** & **Techniques**, **Hazardous Materials & Chemicals Handling**, **Chemical Spills**, **Safety Precaution & Response Action Plan**, **PSM**, **PHA**, **HAZOP**, **HAZID**, **Hazard & Risk Assessment**, **Task Risk Assessment** (**TRA**), **Incident Command**, **Accident & Incident Investigation**, **Emergency Response Procedures**, Job Safety Analysis (**JSA**), Behavioural Based Safety (**BBS**), **Work Permit & First Aid**, **Emergency Response**, H_2S, ERP Preparation, Project HSE Management System, Health & **Hygiene** Inspection, PTW Control, Process Modules Fire & Gas Commissioning, **Ergonomics**, **Lockout/Tagout**, Fire Safety & Protection and **Spill Prevention & Control**.

During his career life, Mr. Martin has gained his practical and field experiences through his various significant positions and dedication as the **Safety Manager**, **Acting Safety Manager**, **SHE Supervisor**, **HSES Auditor**, **Senior Trainer/Lecturer**, **HSE Advisor**, **Principal Safety Officer**, **Site Safety Officer**, Doctor's Assistant and **Safety Officer** from various international companies like Data Matrix, **Technip** France, **Foster Wheeler**, Kwazulu Private Ambulance Service, Thames Valley Hospital, **Sasol** and **Sasolburg**.

Mr. Martin has a **Bachelor's** degree and holds a **National Diploma** in **Safety Management**. Further, he is a **Certified Instructor/Trainer**; an **Approved Tutor** in **NEBOSH Certificate in Environmental Management**, **NEBOSH International General Certificate**, **NEBOSH International Certificate in Fire Safety & Risk Management**, **NEBOSH International Oil & Gas Certificate** and **NEBOSH Certificate in Process Safety Management**; a **Certified Internal Verifier/Assessor/Trainer** by the **Institute of Leadership and Management** (**ILM**); and a well-regarded member of the **Health Professions Council of South Africa** (**AEA**), the **Institution of Occupational Safety and Health** (**IOSH**) and the **South African Council for Project and Construction Management Professions** (**SACPCMP**). He has further delivered numerous trainings, courses, seminars, workshops and conferences worldwide.

Course Program

The following program is planned for this course. However, the course instructor(s) may modify this program before or during the course for technical reasons with no prior notice to participants. Nevertheless, the course objectives will always be met:

Day 1: ***Sunday, 05th of July 2026***

0730 – 0800	*Registration & Coffee*
0800 – 0815	*Welcome & Introduction*
0815 – 0830	***PRE-TEST***
0830 – 0930	***GIC1 Element 1: Why We Should Manage Workplace Health & Safety*** *Morals and Money*
0930 – 0945	*Break*
0945 – 1115	***GIC1 Element 1: Why We Should Manage Workplace Health & Safety (cont'd)*** *Regulating Health and Safety ● Who Does What in Organisations*
1115 – 1230	***GIC1 Element 2: How Health & Safety Management Systems Work & What They Look Like*** *Key Components of Health and Safety Management Systems*
1230 – 1330	*Lunch*
1330 – 1515	***GIC1 Element 2: How Health & Safety Management Systems Work & What They Look Like (cont'd)*** *Key Components of a Health and Safety Policy*
1515 - 1530	*Break*
1515 – 1620	***GIC1 Element 3: Managing Risk – Understanding People & Processes*** *Health and Safety Culture*
1620 – 1630	***Recap***
1630	*End of Day One*

Day 2: ***Monday, 06th of July 2026***

0730 – 0930	***GIC1 Element 3: Managing Risk – Understanding People & Processes (cont'd)*** *Improving Health and Safety Culture*
0930 – 0945	*Break*
0945 – 1230	***GIC1 Element 3: Managing Risk – Understanding People & Processes (cont'd)*** *How Human Factors Influence Behaviour Positively or Negatively*
1230 – 1330	*Lunch*
1330 – 1500	***GIC1 Element 3: Managing Risk – Understanding People & Processes (cont'd)*** *Assessing Risk*
1500 – 1515	*Break*
1515 – 1620	***GIC1 Element 3: Managing Risk – Understanding People & Processes (cont'd)*** *Management of Change*
1620 – 1630	***Recap***
1630	*End of Day Two*

Day 3: ***Tuesday, 07th of July 2026***

0730 – 0930	***GIC1 Element 3: Managing Risk – Understanding People & Processes (cont'd)*** *Safe Systems of Work for General Work Activities*
0930 – 0945	*Break*
0945 – 1115	***GIC1 Element 3: Managing Risk – Understanding People & Processes (cont'd)*** *Permit-to-work Systems ● Emergency Procedures*
1115 – 1230	***GIC1 Element 4: Health & Safety Monitoring & Measuring*** *Investigating and Reporting*
1230 – 1330	*Lunch*

1330 - 1500	***GIC1 Element 4: Health & Safety Monitoring & Measuring (cont'd)*** *Active and Reactive Monitoring*
1500 - 1515	*Break*
1515 – 1620	***GIC1 Element 4: Health & Safety Monitoring & Measuring (cont'd)*** *Health and Safety Auditing*
1620 – 1630	***Recap***
1630	*End of Day Three*

Day 4: Wednesday, 08th of July 2026

0730 - 0915	***GIC1 Element 4: Health & Safety Monitoring & Measuring (cont'd)*** *Review of Health and Safety Performance*
0915 – 0930	*Break*
0930 – 1215	***GIC2 Element 5: Physical & Psychological Health*** *Noise*
1215 – 1230	***GIC2 Element 5: Physical & Psychological Health (cont'd)*** *Vibration • Radiation*
1230 – 1330	*Lunch*
1330 – 1500	***GIC2 Element 5: Physical & Psychological Health (cont'd)*** *Mental Ill-health • Violence at Work*
1500 – 1515	*Break*
1515 – 1620	***GIC2 Element 5: Physical & Psychological Health (cont'd)*** *Substance Abuse at Work*
1620 – 1630	***Recap***
1630	*End of Day Four*

Day 5: Thursday, 09th of July 2026

0730 – 0930	***GIC2 Element 6: Musculoskeletal Health*** *Work-related Upper Limb Disorders*
0930 – 0945	*Break*
0945 – 1155	***GIC2 Element 6: Musculoskeletal Health (cont'd)*** *Manual Handling*
1155 – 1230	***GIC2 Element 6: Musculoskeletal Health (cont'd)*** *Load-handling Equipment*
1230 – 1330	*Lunch*
1330 – 1500	***GIC2 Element 7: Chemical & Biological Agents*** *Hazardous Substances*
1500 – 1515	*Break*
1515 – 1620	***GIC2 Element 7: Chemical & Biological Agents (cont'd)*** *Assessment of Health Risks • Introduction to Occupational Exposure Limits*
1620 – 1630	***Recap***
1630	*End of Day Five*

Day 6: Sunday, 12th of July 2026

0730 – 0930	***GIC2 Element 7: Chemical & Biological Agents (cont'd)*** *Control Measures • Specific Agents*
0930 – 0945	*Break*
0945 – 1035	***GIC2 Element 8: General Workplace Issues*** *Health, Welfare and Work Environment*
1035 – 1230	***GIC2 Element 8: General Workplace Issues (cont'd)*** *Working at Height*
1230 – 1330	*Lunch*

1330 – 1500	***GIC2 Element 8: General Workplace Issues (cont'd)*** *Safe Working in Confined Spaces*
1500 – 1515	*Break*
1515 – 1620	***GIC2 Element 8: General Workplace Issues (cont'd)*** *Lone Working*
1620 – 1630	***Recap***
1630	*End of Day Six*

Day 7: ***Monday, 13th of July 2026***

0730 – 0930	***GIC2 Element 8: General Workplace Issues (cont'd)*** *Slips and Trips ● Safe Movement of People and Vehicles in the Workplace • Work-related Driving*
0930 – 0945	*Break*
0945 - 1030	***GIC2 Element 9: Work Equipment*** *General Requirements*
1230 – 1330	*Lunch*
1330 – 1430	***GIC2 Element 9: Work Equipment (cont'd)*** *Hand-held Tools*
1500 – 1515	*Break*
1515 – 1620	***GIC2 Element 9: Work Equipment (cont'd)*** *Machinery Hazards*
1620 – 1630	***Recap***
1630	*End of Day Seven*

Day 8: ***Tuesday, 14th of July 2026***

0730 – 0930	***GIC2 Element 9: Work Equipment (cont'd)*** *Control Measures for Machinery*
0930 – 0945	*Break*
0945 – 1230	***GIC2 Element 10: Fire*** *Fire Principles ● Preventing Fire and Fire Spread*
1230 – 1330	*Lunch*
1330 – 1500	***GIC2 Element 10: Fire (cont'd)*** *Fire Alarms and Fire-fighting*
1500 – 1515	*Break*
1515 – 1620	***GIC2 Element 10: Fire (cont'd)*** *Fire Evacuation*
1620 – 1630	***Recap***
1630	*End of Day Eight*

Day 9: ***Wednesday, 15th of July 2026***

0730 – 0920	***GIC2 Element 11: Electricity*** *Hazards and Risks*
0920 – 0935	*Break*
0935 – 1235	***GIC2 Element 11: Electricity (cont'd)*** *Hazards and Risks (cont'd)*
1235 – 1315	*Lunch*
1315 – 1500	***GIC2 Element 11: Electricity (cont'd)*** *Control Measures*
1500 – 1515	*Break*

1515 – 1620	***GIC2 Element 11: Electricity (cont'd)*** *Control Measures (cont'd)*
1620 – 1630	***Recap***
1630	*End of Day Nine*

Day 10: Thursday, 16th of July 2026

0730 – 0915	***GIC2 MOCK PROJECT***
0915 – 0930	*Break*
0930 – 1145	***GIC2 MOCK PROJECT (cont'd)***
1145 – 1245	*Lunch*
1245 – 1400	***GIC2 MOCK PROJECT (cont'd)***
1400 – 1415	*Break*
1415 – 1545	***GIC2 MOCK PROJECT (cont'd)***
1545 - 1600	***Course Conclusion***
1600 – 1615	***POST-TEST***
1615 – 1630	*Presentation of Course Certificates*
1630	*End of Course*

MOCK Exam

Upon the completion of the course, participants have to sit for a MOCK Examination similar to the exam of the Certification Body through Haward's Portal. Each participant will be given a username and password to log in Haward's Portal for the MOCK Exam during the 60 days following the course completion. Each participant has only one trial for the MOCK exam within this 60-day examination window. Hence, you have to prepare yourself very well before starting your MOCK exam as this exam is a simulation to the one of the Certification Body.

NEBOSH Examination

(1) GIC1

Unit GIC 1 (Elements 1-4) will be assessed by four-hour open book online examination (OBE). Candidate scripts are marked by external examiners appointed by NEBOSH.

Once Haward Technology has registered you to a digital assessment, NEBOSH will send you a Confirmation of Registration email that includes your learner number, and important information relating to your digital assessment. Please ensure that you check your name is spelt correctly and report this to Haward Technology and NEBOSH if any changes are required. If you have not received this email please remember to check your spam folders. Following receipt of your Confirmation of Registration email for your digital assessment, NEBOSH will send you a further email containing your Username and Password for the NEBOSH online examination platform. If you have not received this email please remember to check your spam folders.

Unit	Examination date	Results notification date
IG1 (English only)	Wednesday 04 February 2026	Friday 17 April 2026
IG1 (all available languages)	Wednesday 04 March 2026	Monday 18 May 2026
GIC1 (all available languages)	Wednesday 04 March 2026	Tuesday 02 June 2026
IG1 (English only)	Wednesday 08 April 2026	Friday 19 June 2026
GIC1 (English only)	Wednesday 08 April 2026	Friday 03 July 2026
IG1 (English only)	Wednesday 06 May 2026	Thursday 16 July 2026
GIC1 (English only)	Wednesday 06 May 2026	Thursday 30 July 2026
IG1 (all available languages)	Wednesday 03 June 2026	Wednesday 12 August 2026

GIC1 (all available languages)	Wednesday 03 June 2026	Wednesday 26 August 2026
IG1 (English only)	Wednesday 08 July 2026	Thursday 17 September 2026
GIC1 (English only)	Wednesday 08 July 2026	Thursday 01 October 2026
IG1 (English only) *	Wednesday 05 August 2026	Thursday 15 October 2026
GIC1 (English only)	Wednesday 05 August 2026	Thursday 29 October 2026
GIC1 (all available languages)	Wednesday 09 September 2026	Wednesday 18 November 2026
GIC1 (English only)	Wednesday 07 October 2026	Wednesday 16 December 2026
GIC1 (English only)	Wednesday 04 November 2026	Thursday 21 January 2027
GIC1 (all available languages)	Wednesday 02 December 2026	Thursday 04 March 2027

(2) GIC2

Unit GIC2 (Elements 5-11) is assessed by three-hour practical assessment – the risk profiling and risk assessment carried out in the candidate's own workplace. This is held on a date set by Haward Technology and must normally be taken within 10 working days of the examination. The practical examination is internally assessed by Haward Technology and externally moderated by NEBOSH.

Practical Sessions

This practical and highly-interactive course includes real-life case studies and exercises:-

Course Coordinator

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