

# **COURSE OVERVIEW HE0931-10D NEBOSH International General Certificate in Occupational** Health & Safety (IG)

### **Course Title**

NEBOSH International General Certificate Occupational Health & Safety (IG)

## Course Reference

HE0931-10D

#### Course Duration/Credits

Ten days/6.75 CEUs/67.5 PDHs

## Course Date/Venue

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Session(s)	Dates	Venue	Course/Exam Date/Venue
1	February 09-20, 2025	Slaysel 02 Meeting Room, Movenpick Hotel & Resort Al Bida'a Kuwait, City of Kuwait	
2	May 04-15, 2025	Boardroom 1, Elite Byblos Hotel Al Barsha, Sheikh Zayed Road, Dubai, UAE	As per NEBOSH Exam Scheduling Procedure
3	December 14-25, 2025	Al Khobar Meeting Room, Hilton Garden Inn, Al Khobar, KSA	

## **Course Description**







This practical and highly-interactive course includes reallife case studies and exercises where participants will be engaged in a series of interactive small groups and class workshops.

The NEBOSH International General Certificate (IG) covers the principles relating to health and safety, identification and control of workplace hazards and the practical application of this knowledge. The IG syllabus takes a risk management approach based on best practice and international standards. such as the Intentional Labour Organization (ILO) codes of practice. Local laws and cultural factors may form part of the study programme where relevant and appropriate.

The International General Certificate is modeled on the NEBOSH National General Certificate in Occupational Health and Safety, the most widely recognized health and safety qualifications of its kind in the UK. The Key difference between the two qualifications is in the applicability of legal requirements. Rather than being guided by a specifically UK framework, the International General Certificate takes a risk management approach based on best practice and international standards, as International such Organisation (ILO) codes of practice, with special reference to the model proposed in the ILO's "Guidelines on Occupational Safety and Health Management Systems" (ILO-OSH 2001). Local laws and cultural factors form part of the study programme where relevant and appropriate.





















The syllabus is divided into 11 elements. Unit IG1 (Elements 1-4) will be assessed by four-hour open book online examination (OBE). Candidate scripts are marked by external examiners appointed by NEBOSH. Unit IG2 (Elements 5-11) is assessed by three-hour practical assessment – the risk profiling and risk assessment carried out in the candidate's own workplace. This is held on a date set by Haward Technology and must normally be taken within 10 working days of the examination. The practical examination is internally assessed by Haward Technology and externally moderated by NEBOSH. On successful completion of all 11 elements, the NEBOSH International General Certificate will be awarded.

# Course Objectives

Upon the successful completion of this course and passing the required exams, each participant will be able to:-

- Achieve the NEBOSH International General Certificate in Occupational Health and Safety
- Discuss the moral, financial and legal reasons for managing health and safety in the workplace
- Explain how health and safety is regulated and the consequences of noncompliance
- Summarize the main health and safety duties of different groups of people at work and explain how contractors shall be selected, monitored and managed
- Give an overview of the elements of a health and safety management system and the benefits of having a formal/certified system
- Discuss the main ingredients of health and safety management systems that make it effective – policy, responsibilities and arrangements
- Describe the concept of health and safety culture and how it influences performance
- Summarize how health and safety culture at work can be improved including the human factors which positively or negatively influence behaviour at work in a way that can affect health and safety
- Explain the principles of the risk assessment process
- Produce a risk assessment of a workplace which considers a wide range of identified hazards (drawn from elements 5 – 11) and meets best practice standards ('suitable and sufficient')
- Discuss typical workplace changes that have significant health and safety impacts and ways to minimize those impacts
- Describe what to consider when developing and implementing a safe system of work for general activities
- Explain the role, function and operation of a permit-to-work system
- Discuss typical emergency procedures (including training and testing) and how to decide what level of first aid is needed in the workplace
- Explain why and how incidents shall be investigated, recorded and reported
- Discuss common methods and indicators used to monitor the effectiveness of management systems
- Explain what an audit is and why and how they are used to evaluate a management system
- Explain why and how regular reviews of health and safety performance are needed











#### Exclusive Smart Training Kit - H-STK®



Participants of this course will receive the exclusive "Haward Smart Training Kit" (**H-STK**®). The **H-STK**® consists of a comprehensive set of technical content which includes **electronic version** of the course materials conveniently saved in a **Tablet PC**.

## Who Should Attend

This course provides a wide understanding and deeper appreciation of occupational health and safety in accordance with the international standards for health and safety professionals and those who are seeking NEBOSH International General Certification. The course is also beneficial for managers, supervisors and those who have health and safety management responsibilities. It is also perfect for those embarking on a health and safety career and gives you a stepping stone to success.

#### **Examination Schedule**

NEBOSH requires minimum 30 working days to schedule an exam. Students must submit their complete applications minimum 15 working days prior to the scheduled exam date. We recommend that students submit their applications one or two weeks earlier than the above NEBOSH deadline.

#### Training Methodology

All our Courses are including **Hands-on Practical Sessions** using equipment, State-of-the-Art Simulators, Drawings, Case Studies, Videos and Exercises. The courses include the following training methodologies as a percentage of the total tuition hours:-

30% Lectures

20% Practical Workshops & Work Presentations

30% Hands-on Practical Exercises & Case Studies

20% Simulators (Hardware & Software) & Videos

In an unlikely event, the course instructor may modify the above training methodology before or during the course for technical reasons.

#### **Course Fee**

Kuwait	<b>US\$ 7,500</b> per Delegate + <b>VAT</b> . This rate includes H-STK® (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day
Dubai	<b>US\$ 7,500</b> per Delegate + <b>VAT</b> . This rate includes H-STK <sup>®</sup> (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day
Al Khobar	<b>US\$ 7,500</b> per Delegate + <b>VAT</b> . This rate includes H-STK® (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.

Exam Fee US\$ 360 per Delegate







### **Course Certificate(s)**

(1) NEBOSH International General Certificate in Occupational Health and Safety will be issued to candidates who have successfully passed the written examinations in IG1 (Elements 1-4) and successfully completed the Practical Examination IG2 (Elements 5-11).



(2) Official Transcript of Records will be provided to the successful delegates with the equivalent number of ANSI/IACET accredited Continuing Education Units (CEUs) earned during the course.







## **Certificate Accreditations**

Haward Technology is accredited by the following international accreditation:-



NEBOSH: The National Examination Board in Occupational Safety and Health

Haward Technology is an **Accredited Course Provider** and **Learning Partner** of The National Examination Board in Occupational Safety and Health (**NEBOSH**) with **Learning Partner Number 931 Bronze**. NEBOSH is the awarding body approved by Scottish Qualifications Authority (SQA). Haward Technology is authorized to offer NEBOSH's comprehensive range of globally-recognized qualifications designed to meet the health, safety, environmental and risk management needs of all places of work.



#### British Accreditation Council (BAC)

Haward Technology is accredited by the **British Accreditation Council** for **Independent Further and Higher Education** as an **International Centre**. BAC is the British accrediting body responsible for setting standards within independent further and higher education sector in the UK and overseas. As a BAC-accredited international centre, Haward Technology meets all of the international higher education criteria and standards set by BAC.

• The International Accreditors for Continuing Education and Training (IACET - USA)

Haward Technology is an Authorized Training Provider by the International Accreditors for Continuing Education and Training (IACET), 2201 Cooperative Way, Suite 600, Herndon, VA 20171, USA. In obtaining this authority, Haward Technology has demonstrated that it complies with the **ANSI/IACET 2018-1 Standard** which is widely recognized as the standard of good practice internationally. As a result of our Authorized Provider membership status, Haward Technology is authorized to offer IACET CEUs for its programs that qualify under the **ANSI/IACET 2018-1 Standard**.

Haward Technology's courses meet the professional certification and continuing education requirements for participants seeking **Continuing Education Units** (CEUs) in accordance with the rules & regulations of the International Accreditors for Continuing Education & Training (IACET). IACET is an international authority that evaluates programs according to strict, research-based criteria and guidelines. The CEU is an internationally accepted uniform unit of measurement in qualified courses of continuing education.

Haward Technology Middle East will award **6.75 CEUs** (Continuing Education Units) or **67.5 PDHs** (Professional Development Hours) for participants who completed the total tuition hours of this program. One CEU is equivalent to ten Professional Development Hours (PDHs) or ten contact hours of the participation in and completion of Haward Technology programs. A permanent record of a participant's involvement and awarding of CEU will be maintained by Haward Technology. Haward Technology will provide a copy of the participant's CEU and PDH Transcript of Records upon request.







#### Course Instructor(s)

This course will be conducted by the following instructor(s). However, we have the right to change the course instructor(s) prior to the course date and inform participants accordingly:



Mr. John Burnip, EHS, SAC, STS, NEBOSH-ENV, NEBOSH-IGC, NEBOSH-IFC, NEBOSH-PSM, NEBOSH-IOG, TechIOSH, is a NEBOSH Approved Instructor and a Senior HSE Consultant with over 50 years of practical Offshore & Onshore experience within Oil, Gas, Refinery, Petrochemical and Nuclear industries. His wide experience covers **NEBOSH** International General Certificate in Occupational Health & Safety, NEBOSH National Certificate in Construction Health & Safety, NEBOSH Certificate in Process Safety Management, NEBOSH Environmental Management Certificate, NEBOSH Certificate in Fire Safety, NEBOSH International Oil & Gas Certificate, HSSE Audit & Inspection, HSSE Management System,

HSSE Performance & Effectiveness, HSSE Emergencies, Crisis & Incidents, Hazardous Materials & Chemicals Handling, PHA, HAZOP, HAZID, Hazard & Risk Assessment, Task Risk Assessment, Accident & Incident Investigation, Emergency Response Procedures, Job Safety Analysis (JSA), Behavioural Based Safety (BBS), Process Safety Management (PSM), Confined Space Entry, Fall Protection, Work Permit & First Aid, Emergency Response, H2S, ERP Preparation, Project HSE Management System, Health & Hygiene Inspection, PTW Control, Process Modules Fire & Gas Commissioning, MSDS, Ergonomics, Lockout/Tagout, Fire Safety & Protection, Spill Prevention & Control, Tower & Scaffold Inspection, Scaffolding Operations, Scaffolding Equipment, Bracket Scaffolds, Scaffolding Labelling, Pre-fab Scaffolding; Erecting, Maintaining & Dismantling Scaffolding in accordance with the British Standards Code of Practice 5973; Heavy Lifting operations, Safe Mobile Elevating Work Platform, Safe Forklift Driving, Safe Knuckle Boom, Cantilevered Hoists, Offshore Operations, Offshore Construction, Basic Offshore Safety Induction & Emergency Training (BOSIET), Onshore Fabrication & Offshore Pipelaying & Hook-Up, Crane Inspection, Crane Operations, Oilfield Startup & Operation, Steel Fabrication, ISO 45001, OSHA, ISO 9001, ISO 14001, OHSAS 18001 and IMO (SOLAS) Regulations. Mr. Burnip has greatly contributed in upholding the highest possible levels of safety for numerous International Oil & Gas projects, Generation Systems & Platform Revamp, LPG & Gas Compression, Marine, Offshore and Power Plant Construction. Currently, he is the HSE Advisor of Solvay wherein he is responsible in planning and implementation of the corporate safety program (OSHA codes).

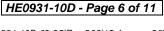
During Mr. Burnip's long career life, he had successfully carried out numerous projects in Europe, North America, South America, Southeast Asia, Middle East and the North Sea. He had worked for Likpin Dubai, SADRA/DOT, ZADCO, McDermott International (USA, Qatar, Egypt, India, Oman, Dubai and Abu Dhabi), PDO, Shell, ARAMCO, Salman Field, Leman Offshore Gas Field, GEC, Harland & Wolff PLC Belfast in North Ireland, Howard Doris - Kishorn in Scotland, Westinghouse Electric in Brazil and South Korea and Chevron Oil in Scotland as the Commissioning Project Engineer, Project & Safety Engineer, Estimating Engineer, Senior Instrument Engineer, Instrument Field Engineer, Lead Instrument Engineer, Instrument Engineer, Engineer, Emergency Response Training Manager, HSSE Manager, HSE Advisor, HSE Instructor, HSE Supervisor, Instrumentation Supervisor, Instrumentation Specialist, Project Coordinator, Instrumentation Technician and Tank Farm Instrumentation Technician.

Mr. Burnip has a Bachelor's degree in Business Studies from the Somerset University (UK). He is a Certified/Registered Tutor in NEBOSH Certificate in Environmental Management, NEBOSH International General Certificate, NEBOSH International Certificate in Fire Safety & Risk Management, NEBOSH Process Safety Management Certificate and NEBOSH International Oil & Gas Certificate; a Certified Safety Auditor (SAC); a Certified ISO 45001 Auditor; an Environmental Health and Safety Management Specialist on Fall Protection, Elevated Structures, Material Handling, Trenching & Excavations; a Welding Brazing Safety Technician; a Certified Safety Administrator (CSA) - General Industry; a Safety Manager/Trainer - General Industry; a Petroleum Safety Manager (PSM) - Drilling & Servicing; a Petroleum Safety Specialist (PSS) - Drilling & Servicing; a Safety Planning Specialist; a Instructor/Trainer: Training Specialist: Certified Certified Internal Safety Verifier/Assessor/Trainer by the Institute of Leadership & Management (ILM) and further holds a Certificate in Mechanical Engineering Craft Practice from the City & Guilds of London Institute; a NEBOSH Level 3 Construction Certificate (UK); and holds a Cambridge Teaching Certificate. He is a well-regarded member of the National Association of Safety Professionals, the Association of Cost Engineers (UK), Institution of Occupational Safety & Health (TechIOSH) and an Associate Member of World Safety Organization. Further, he has conducted innumerable trainings, workshops and conferences worldwide.



















## **Accommodation**

Accommodation is not included in the course fees. However, any accommodation required can be arranged at the time of booking

## **Course Program**

The following program is planned for this course. However, the course instructor(s) may modify this program before or during the course for technical reasons with no prior notice to participants. Nevertheless, the course objectives will always be met:

Day 1

Registration & Coffee
Welcome & Introduction
IG1 Element 1: Why We Should Manage Workplace Health & Safety
Morals and Money
Break
IG1 Element 1: Why We Should Manage Workplace Health & Safety (cont'd)
Regulating Health and Safety • Who Does What in Organisations
IG1 Element 2: How Health & Safety Management Systems Work & What
They Look Like
What They are and the Benefits They Bring
Lunch Break
IG1 Element 2: How Health & Safety Management Systems Work & What
They Look Like (cont'd)
What Good Health and Safety Management Systems Look Like
IG1 Element 3: Managing Risk - Understanding People & Processes
Health and Safety Culture
Break
IG1 Element 3: Managing Risk - Understanding People & Processes (cont'd)
Improving Health and Safety Culture
Recap
End of Day One

Day 2

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0730 - 0930	IG1 Element 3: Managing Risk – Understanding People & Processes (cont'd) Improving Health and Safety Culture (cont'd)
0930 - 0945	Break
0945 - 1230	IG1 Element 3: Managing Risk – Understanding People & Processes (cont'd) How Human Factors Influence Behaviour Positively or Negatively
1230 - 1330	Lunch Break
1330 – 1500	IG1 Element 3: Managing Risk - Understanding People & Processes (cont'd) Assessing Risk
1500 – 1515	Break
1515 – 1620	IG1 Element 3: Managing Risk - Understanding People & Processes (cont'd)  Management of Change
1620 - 1630	Recap
1630	End of Day Two

Day 3

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0930 - 0945	Break













0945 – 1235	IG1 Element 3: Managing Risk - Understanding People & Processes (cont'd) Permit-to-work Systems ● Emergency Procedures
1235 – 1335	Lunch Break
1335 – 1500	IG1 Element 4: Health & Safety Monitoring & Measuring Active and Reactive Monitoring
1500 – 1515	Break
1515 – 1620	IG1 Element 4: Health & Safety Monitoring & Measuring (cont'd) Investigating Incidents
1620 - 1630	Recap
1630	End of Day Three

Day 4

IG1 Element 4: Health & Safety Monitoring & Measuring (cont'd)
Health and Safety Auditing
Break
IG1 Element 4: Health & Safety Monitoring & Measuring (cont'd)
Review of Health and Safety Performance
IG2 Element 5: Physical & Psychological Health
Noise
Lunch Break
IG2 Element 5: Physical & Psychological Health (cont'd)
Vibration ● Radiation
Break
IG2 Element 5: Physical & Psychological Health (cont'd)
Mental Ill-health
Recap
End of Day Four

Day 5

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0730 - 0930	IG2 Element 5: Physical & Psychological Health (cont'd) Violence at Work
0930 - 0945	Break
0945 – 1155	IG2 Element 5: Physical & Psychological Health (cont'd)
	Substance Abuse at Work
1155 – 1230	IG2 Element 6: Musculoskeletal Health
1133 - 1230	Work-related Upper Limb Disorders
1230 - 1330	Lunch Break
1220 1500	IG2 Element 6: Musculoskeletal Health (cont'd)
1330 – 1500	Work-related Upper Limb Disorders (cont'd)
1500 – 1515	Break
1515 – 1620	IG2 Element 6: Musculoskeletal Health (cont'd)
	Manual Handling
1620 - 1630	Recap
1630	End of Day Five

Day 6

0730 - 0930	IG2 Element 6: Musculoskeletal Health (cont'd) Manual Handling (cont'd)
0930 - 0945	Break
0945 – 1035	IG2 Element 6: Musculoskeletal Health (cont'd) Load-handling Equipment













1035 – 1230	IG2 Element 7: Chemical & Biological Agents
	Hazardous Substances
1230 - 1330	Lunch Break
1330 – 1500	IG2 Element 7: Chemical & Biological Agents (cont'd)
	Assessment of Health Risks
1500 - 1515	Break
1515 – 1620	IG2 Element 7: Chemical & Biological Agents (cont'd)
	Occupational Exposure Limits
1620 - 1630	Recap
1630	End of Day Six

Day 7

Day I	
0730 - 0900	IG2 Element 7: Chemical & Biological Agents (cont'd)
	Control Measures • Specific Agents
0900 - 0930	IG2 Element 8: General Workplace Issues
0900 - 0930	Health, Welfare and Work Environment
0930 - 0945	Break
0945 - 1230	IG2 Element 8: General Workplace Issues (cont'd)
0943 - 1230	Working at Height
1230 - 1330	Lunch Break
1330 – 1500	IG2 Element 8: General Workplace Issues (cont'd)
1550 - 1500	Safe Working in Confined Spaces
1500 – 1515	Break
1515 – 1620	IG2 Element 8: General Workplace Issues (cont'd)
	Lone Working
1620 - 1630	Recap
1630	End of Day Seven

Day 8

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0730 – 0930	IG2 Element 8: General Workplace Issues (cont'd)
	Slips and Trips • Safe Movement of People and Vehicles in the Workplace
0930 - 0945	Break
0945 – 1155	IG2 Element 8: General Workplace Issues (cont'd)
0343 - 1133	Work-related Driving
1155 – 1230	IG2 Element 9: Work Equipment
1133 - 1230	General Requirements
1230 - 1330	Lunch Break
1330 – 1500	IG2 Element 9: Work Equipment (cont'd)
1330 - 1500	Hand-held Tools
1500 - 1515	Break
1515 – 1620	IG2 Element 9: Work Equipment (cont'd)
	Machinery Hazards
1620 - 1630	Recap
1630	End of Day Eight

Day 9

0730 - 0920	IG2 Element 9: Work Equipment (cont'd) Control Measures for Machinery
0920 - 0935	Break
0935 - 1135	IG2 Element 10: Fire
	Fire Principles • Preventing Fire and Fire Spread
1135 – 1235	IG2 Element 10: Fire (cont'd)













	Fire Alarms and Fire-fighting • Fire Evacuation	
1235 - 1315	Lunch Break	
1315 – 1500	IG2 Element 11: Electricity	
1515 - 1500	Hazards and Risks	
1500 - 1515	Break	
1515 – 1620	IG2 Element 11: Electricity (cont'd)	
	Control Measures	
1620 - 1630	Recap	
1630	End of Day Nine	

### Day 10

0730 - 0915	IG1 MOCK EXAM
0915 - 0930	Break
0930 - 1145	IG1 MOCK EXAM (cont'd)
1145 – 1245	Lunch Break
1245 - 1400	IG2 MOCK PROJECT
1400 – 1415	Break
1415 – 1600	IG2 MOCK PROJECT (cont'd)
1600 – 1615	POST-TEST
1615 - 1630	Closing Ceremony
1630	End of Course

#### **NEBOSH Examination**

#### <u>(1) IG1</u>

Unit IG1 (Elements 1-4) will be assessed by four-hour open book online examination (OBE). Candidate scripts are marked by external examiners appointed by NEBOSH.

Once Haward Technology has registered you to the open book IG1 examination (OBE), NEBOSH will send you a Confirmation of Registration email that includes your learner number, and important information relating to your OBE. Please ensure that you check your name is spelt correctly and report this to Haward Technology and NEBOSH if any changes are required. If you have not received this email please remember to check your spam folders. Following receipt of your Confirmation of Registration email for your OBE, NEBOSH will send you a further email containing your Username and Password for the NEBOSH online examination platform. If you have not received this email please remember to check your spam folders. We have confirmed the following dates for OBEs in 2021:-

Unit	<b>Examination Date</b>	Results Notification Date
IG1 (all available languages)	Wednesday 05 June 2024	Wednesday 14 August 2024
IG1 (English only)	Wednesday 03 July 2024	Thursday 12 September 2024
IG1 (English only)	Wednesday 07 August 2024	Thursday 17 October 2024
IG1 (all available languages)	Wednesday 04 September 2024	Wednesday 13 November 2024
IG1 (English only)	Wednesday 02 October 2024	Wednesday 11 December 2024
IG1 (English only)	Wednesday 06 November 2024	Friday 24 January 2025
IG1 (all available languages)	Wednesday 04 December 2024	Friday 21 February 2025
IG1 (English only)	Wednesday 08 January 2025	Wednesday 19 March 2025
IG1 (English only)	Wednesday 05 February 2025	Wednesday 16 April 2025
IG1 (all available languages)	Wednesday 05 March 2025	Monday 19 May 2025
IG1 (English only)	Wednesday 09 April 2025	Tuesday 24 June 2025













IG1 (English only)	Wednesday 07 May 2025	Thursday 17 July 2025
IG1 (all available languages)	Wednesday 11 June 2025	Wednesday 20 August 2025
IG1 (English only)	Wednesday 09 July 2025	Thursday 18 September 2025
IG1 (English only)	Wednesday 06 August 2025	Thursday 16 October 2025
IG1 (all available languages)	Wednesday 10 September 2025	Wednesday 19 November 2025
IG1 (English only)	Wednesday 08 October 2025	Wednesday 17 December 2025
IG1 (English only)	Wednesday 05 November 2025	Monday 26 January 2026
IG1 (all available languages)	Wednesday 10 December 2025	Monday 02 March 2026

### (2) IG2

Unit IG2 (Elements 5-11) is assessed by three-hour practical assessment – the risk profiling and risk assessment carried out in the candidate's own workplace. This is held on a date set by Haward Technology and must normally be taken within 10 working days of the examination. The practical examination is internally assessed by Haward Technology and externally moderated by NEBOSH.

#### **Practical Sessions**

This practical and highly-interactive course includes real-life case studies and exercises:-



### **Course Coordinator**

Mari Nakintu, Tel: +971 2 30 91 714, Email: mari1@haward.org







